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## AS AMERICAN AS BORSCHT

THERE'S A NEW SPY IN TOWN IN THE AMERICANS. USE METRO'S AR TO SEE PHOTOS

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## South Korean PM resigns

Chung Hong-won says he takes responsibility for government's handling of ferry sinking PAGE 5

## One mountain you don't wanna climb

When debt things happen to good people PAGE 14

# THEY BE COMIN' ROUND THE CITY

**More than 45,000 people took part in the 30th annual Vancouver Sun Run on Sunday morning. Participants ran, jogged and walked the 10K course through the downtown core, starting at Thurlow and Georgia and finishing at B.C. Place. Paul Kimugul of Kenya won the men's overall division finishing in just 28:59. Rachel Cliff of Vancouver won the women's overall division with a time of 33:14.** MATT DESOUZA/METRO

# Three terms and she's out

**Dianne Watts.** Surrey mayor won 80 per cent of the votes in 2011

Three-term Surrey Mayor Dianne Watts will not seek re-election in November.

The popular mayor announced her decision Saturday in front of hundreds in attendance for the official opening of the new Surrey City Hall, keeping a promise she made in 2005.

"I said I wasn't going to go beyond three terms," Watts told Metro. "So it's time to close the chapter and see what's around the next corner."

Watts said she's driven by goals and timelines and felt going beyond a third term wouldn't allow her to "go full throttle, 110 per cent."

Watts cruised to a third term in 2011, winning an overwhelming 80 per cent of mayoral votes and sweeping all eight council seats under the Surrey First banner.

As she closes out her final term, Watts cites building that team as one of her proudest accomplishments.

"They've been doing what is in the best interest of the city and putting petty politics to the side," she said, adding the party has several skillful candidates able to make the step up.

While the race to replace Watts as leader of B.C.'s second-largest, fastest growing city heats up, so does interest in the incumbent's next move.

Some media reports have linked Watts to a possible federal run with the Conservatives.

Publicly, Watts is saying, "I will look at all of my different options and pick what is right for my life and my kids. It could be public (sector), it could be private." MATT KIELTYKA/METRO

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Gore and Hastings

## Prisoner uninjured in police wagon accident

A prisoner was unharmed when the wagon he was being transported in was struck by another vehicle and rolled over, according to Vancouver police.

The accident happened early Sunday at the intersection of Gore and Hastings streets. The force of the collision caused the wagon to roll onto its side.

The officer driving the wagon had to kick out the windshield to get out, then had to climb on top of the turned over wagon to remove the prisoner.

The prisoner was taken to hospital as a precaution but, like everyone involved, was uninjured in the crash.

METRO

Child in ministry custody

## Boy found in car of DUI suspect

A child was taken into ministry custody Thursday after police investigated a "highly intoxicated" couple allegedly drinking in a parked car in the 100 block of W. 3rd Street.

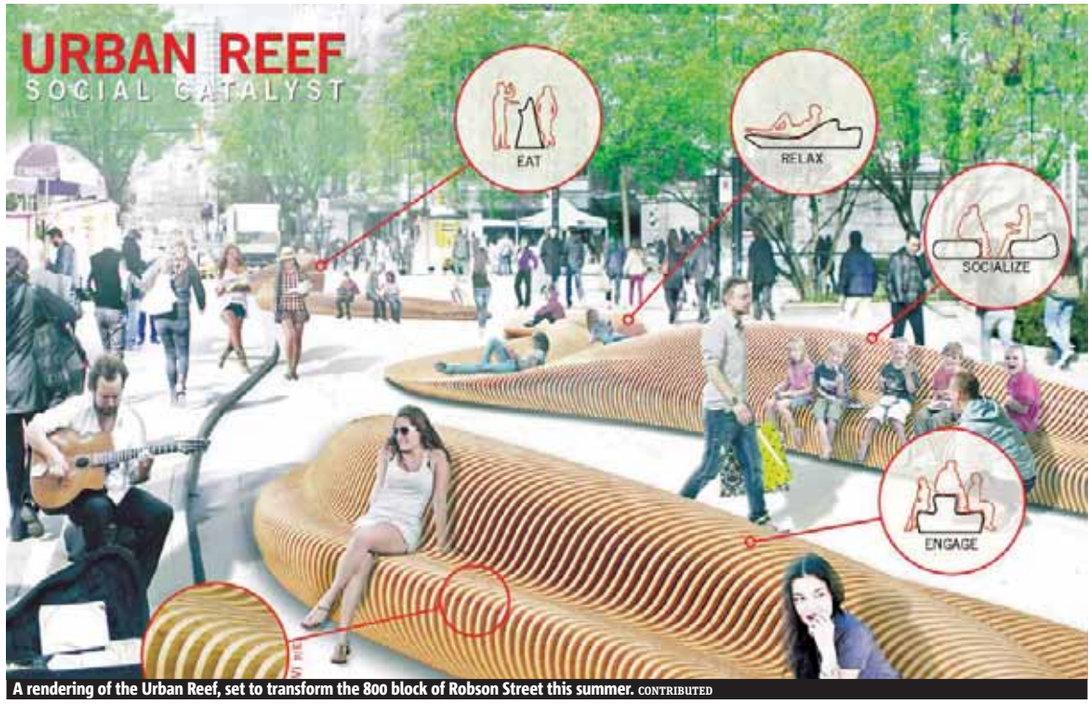
An officer stopped to take a look at the vehicle after noticing the passenger, a 43-year-old woman, drinking in the car.

The driver, a 39-year-old man, failed a roadside screening test and was issued a 90-day driving prohibition. Both suspects are from Victoria.

Police found a three-year-old, the woman's son, in the backseat.

Both adults were arrested and spent the night in police cells.

METRO




A rendering of the Urban Reef, set to transform the 800 block of Robson Street this summer. CONTRIBUTED

# Vancouver's Robson St. to become 'urban reef'

**A place to relax.** The Urban Reef will feature three curving structures that can be used as lounge chairs, as well as high-top tables

EMILY JACKSON
emily.jackson@metronews.ca

A slinky-esque set of perches made from local wood will replace car traffic in the bustling heart of downtown Vancouver this summer.

The Urban Reef, designed by a team of local architects, designers and carpenters, won the competition to transform the 800 block of Robson Street into a pedestrian plaza between Canada Day and Labour Day.

It will feature three curving structures that can be used as lounge chairs and high-top tables for eating lunch from nearby food trucks. They're designed to provide seating for outdoor performances, whether the space features small busker shows or larger events.

At night, built in LED bulbs will light up the sculpture from within to make the space welcoming at all times of day.

The team will get up to $40,000 from the city for materials, construction and de-construction of the installation. At the end of summer, the structure can easily be dismantled and moved to alternate public spaces.

The design by Kaz Bemner, Jeremiah Deutscher, Michael Siy and Kenneth Navarra beat out 77 other entries from Canada, Spain, Japan and the U.S.

This is the fourth year the city has temporarily shut the plaza during the summer months. Last year's Corduroy Road, which featured cedar benches and patio umbrellas, was well received among downtown businesses and patrons.

Drivers and passengers on Robson bus routes tend to dislike the seasonal road closure, but find it to be more palatable than a permanent blocking of the street to vehicle traffic.

The public is invited to give input on both the seasonal re-routes and a permanent closure as part of TransLink's downtown bus service review.

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## Liquor laws. Beer garden fences coming down

Free-range drinking at B.C. festivals will now be the norm after the provincial government announced it is tearing down beer garden fencing around the province.

People at special events can now roam festival grounds while enjoying a cold one as of today.

It's one of many recommended changes being implemented to update the province's old liquor laws.

The government will now also allow the sale of mixed spirits such as gin and tonic at special events. Sports and entertainment venues are now being permitted to sell booze to all patrons, regardless of where they are seated.

All festivals and public special events interested in selling alcohol still have to apply for a special occasion licence, subject to local government or police approval. THE CANADIAN PRESS

99 B-Line

### Police seek witness to indecent act

Transit police hope to speak to a woman who witnessed a man commit an indecent act at the back of the 99 B-Line last week.

The woman alerted the bus driver after she saw the incident, which involved sexual behaviour, on the bus on East Broadway near Guelph Street on April 20 around 9 a.m.

The driver pulled the bus over and the suspect got off the bus. Police arrested the man, a 25-year-old with a history of similar offenses, a short distance away. Charges are pending.

The witness, described as a white, blonde, five-foot-six female in her early 30s, left the area before police had the chance to speak with her.

If anyone has information about the identity of the witness, police ask that you contact them at 604-515-8300. EMILY JACKSON/METRO

# Slow and steady, but Nike reaches end of race at last

The statue of Nike, a gift from the Ancient City of Olympia in Greece, was unveiled in downtown Vancouver on Saturday. MATT DESOUZA/FOR METRO

## Gift from Greek city. Olympic statue finally unveiled in Vancouver four years later

EMILY JACKSON
emily.jackson@metronews.ca

Less than two months after the 2012 Summer Olympics, London had proudly installed a statue gifted to it for hosting the Games by the Ancient City of Olympia.

But it took Vancouver more than four years after the 2010 Winter Games to install and unveil an identical statue of the Greek goddess of victory Nike, also a gift from the Greek city.

The city couldn't just do it right away because it wanted to find the perfect spot for the 900-kilogram sculpture by Pavlos Angelos Kougioumtzis, whose son was in town Saturday to officially unveil the statue in front of members of the local Greek community at Thurlow and Cordova.

It was also a challenge to design a plinth that could both hold the statue and, since it sits on a median, withstand pressure if a vehicle hits it, city officials told Metro last year.

Sure, London didn't seem to have these problems.

But the city says it decided to take the time to find the best place for the statue and install it properly when it became clear it wouldn't get the appropriate approvals in time for the Olympics.

Unexpected delivery

**The city's art department was taken by surprise when it received a massive crate containing the artwork in late 2009.**

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## Paris. Two cops under investigation in alleged rape of Canadian tourist

France's interior minister says prosecutors have opened a preliminary investigation of two Paris policemen in connection with the suspected rape of a Canadian tourist inside police headquarters.

A statement Sunday said both officers, as yet unnamed, as well as a third who wasn't charged but is named as a witness, have been placed on suspension pending the outcome.

Prosecutors are investigating an accusation of gang rape made by the Canadian tourist. French media reports say the woman met the off-duty police officers in a nearby bar. The police headquarters, on an island in the Seine River, is home to Paris judicial police and is often evoked in France by its address, 36 Quai des Orfevres.

Reports say the woman allegedly left the headquarters distraught and told an officer that she had been raped. She has undergone a medical with DNA samples taken.

THE ASSOCIATED PRESS
THE CANADIAN PRESS

**Massena, N.Y.**

### Teen's arm severed cleaning a pasta machine

A teenage employee at an Italian restaurant in northern New York has severed his arm while cleaning a pasta machine.

A spokeswoman for Massachusetts General Hospital said that 17-year-old Brett Bouchard was listed in serious condition Sunday morning. He was flown there after the accident Thursday night at Violi's Restaurant in Massena on the Canadian border.

His right arm was severed. THE ASSOCIATED PRESS

# South Korean PM resigns, takes 'all responsibility'

**Ferry sinking.** 'I hope these deep-rooted evils get corrected this time and this ... never happens again,' said Chung Hong-won

South Korea's prime minister resigned Sunday over the government's handling of a ferry sinking that has left more than 300 people dead or missing and led to widespread shame, fury and finger-pointing, blaming "deep-rooted evils" in society for the tragedy.

South Korean executive power is largely concentrated in the president, so Chung Hong-won's resignation appears to be symbolic. Presidential spokesman Min Kyung-wook said President Park Geun-hye would accept the resignation, but did not say when Chung would leave office.

Chung's resignation comes amid rising indignation over claims by the victims' relatives that the government did not do enough to rescue or protect their loved ones. Most of the dead and missing were high school students on a school trip.

Officials have taken into custody all 15 people involved in navigating the ferry Sewol, which sank April 16. A prosecutor revealed that investigators were also looking into communications made as the ship sank between a crew member and the company that owns the ferry. Two helmsmen and two members of the steering crew are arrested. THE ASSOCIATED PRESS

**Accepting responsibility**

**"As I saw grieving families suffering with the pain of losing their loved ones ... I thought I should take all responsibility as prime minister."**

South Korean Prime Minister Chung Hong-won

Watching as Prime Minister Chung Hong-won resigns. THE ASSOCIATED PRESS

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## 'My God, help me to survive this deadly love'

Artist Dimitri Vrubel and his son Artjom clean the graffiti, named "My God, help me to survive this deadly love," depicting a fraternal kiss between former Soviet leader Leonid Brezhnev and former leader of the German Democratic Republic, DDR, Erich Honecker, at the East Side Gallery in Berlin. KAY NIETFELD/THE ASSOCIATED PRESS

# Survivors recall tales of traumas

**Annual Holocaust remembrance.** On April 28, Israel will stand still to honour the six million victims of the Nazi genocide

In an annual ritual, Israel will come to a standstill Monday morning for the country's official Holocaust remembrance day. Air raid sirens will wail across the country as pedestrians stop in their tracks and drivers exit their vehicles and bow their heads to honour the six million victims of the Nazi genocide of the Second World War that wiped out a third of world Jewry.

For Israelis of all walks of life, the two-minute tribute offers a moment to remember the victims and focus on an image that dreaded period represents to them. For Israel's dwindling population of elderly Holocaust survivors, however, the painful memories linger year-round.

Hundreds of thousands of survivors made their way to pre-state Israel after the war and helped build the new country. With less than 200,000 survivors remaining, Israel is still home to the largest such community in the world.

To capture the experience in a snapshot would be impossible. Still, The Associated Press asked a group of Holocaust survivors to share their strongest singular memory.

**Asher Aud (Sieradski)**, 86 (Poland): Married, three children and 10 grandchildren. Retired from Israel Military Industries, a state-owned weapons manufacturer.

Asher Aud THE ASSOCIATED PRESS

Asher Aud's odyssey reads like a history of the Holocaust's horrors.

Over six years, he was separated from his parents and siblings in his native Polish town of Zdunska Wola, then scavenged for scraps of bread, and staved off a debilitating illness alone in the Lodz ghetto before he was taken to the Auschwitz death camp.

Of all the atrocities he endured, Aud said parting from his mother at the age of 14 was the most traumatic.

In September 1942, the Nazis rounded up the Jewish community inside the local cemetery and were preparing to deport them.

"The Germans walked among us and anytime they saw a mother with a child, they tore the child from her arms and threw them into the back of trucks."

"I looked around and I just said, 'Mother, this is where we are going to be separated,'" he said.

**Shmuel Bogler**, 84 (Hungary): Married, two children, five grandchildren. Retired police officer.

Shmuel Bogler THE ASSOCIATED PRESS

Shmuel Bogler never had the opportunity to say goodbye to his family, rounded up from their home in Bodrogkeresztur and transported to Auschwitz. Of the family's 10 children, one had died young, three had fled before the war and three others had previously been taken to work camps. Bogler was left with his parents, one brother and one sister when they were crammed into a cattle car.

"The first thing they did was beat us and separate the woman from the men. It happened so quickly, I couldn't even part from my mother and sister," he said.

**Jacob Philipson Armon**, 76 (The Netherlands): Married, two children, one grandchild. Retired from Israeli defence contractor Rafael.

Jacob Philipson Armon THE ASSOCIATED PRESS

For Jacob Philipson Armon, memories are hard to come by. He was only two when Holland was captured by the Nazis, and three years later he went into hiding, like his more famous compatriot Anne Frank.

The family's five children were dispersed among various non-Jews who risked their lives to protect them.

The most traumatic thing he recalls was when German troops kicked down the door of the home of his protector, Kit Winkel, and searched for Jews.

"They burst into the house and started to search for documents, turning over furniture and tearing down wallpaper. One soldier stood and stared at me. I sat frozen, not daring to move. I was so frightened I almost couldn't breathe," he said. THE ASSOCIATED PRESS

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**Janeta Ear**

Take notice that on the **5th day of May 2014 at 9:30 a.m.,** at **Calgary Family Court, Courtroom #1208, 601 – 5th Street SW, Calgary, Alberta,** a Trial will take place.

A Director, under the Child, Youth and Family Enhancement Act will make an application for: **Permanent Guardianship Order;** of your child born on **November 20, 2013**. If you wish to speak to this matter in court, you MUST appear in court on this date. You do have the right to be represented by a lawyer. If you do not attend in person or by a lawyer, an Order may be made in your absence and the Judge may make a different Order than the one being applied for by the Director. You will be bound by any Order the Judge makes.

You do have the right to appeal the Order within 30 days from the date the Order is made.

**Contact: Diane Charlebois; Jackie Ellice; Daniella Eggink**
Calgary and Area Child and Family Services Authority
Phone: (403) 297-2978

# What goes up must come down

HOW TO ROLL
Alison Griffiths
metronews.ca

There may be storm clouds hovering over the stock market. Perhaps it's an opportune time to follow an old investor's adage: Sell in May and come back on St. Leger Day — the latter being the final event of the British horse-racing season, falling in mid-September.

Statistics certainly support a pattern of hot-weather doldrums. Going back to 1926 the stock market's average annual summertime gain is just over four per cent, compared to seven per cent for the November-to-April period.

This year there may even be a stronger reason to lighten up on stocks and equity mutual funds: We're all waiting for a market tumble of more than 10 per cent.

Corrections or pullback of less than 10 per cent are common and occur at least once a year, sometimes more. There have been five of them in the last three years.

Bigger declines, in the 20 per cent range, hit the market about every three and a half years.

Oh dear.

Guess when the last doozy struck? That would be the summer of 2011. We are right on target for another one in the next six months.

But before you rush off to sell everything, think again. Assuming your current investments are quality ones, consider market declines as an opportunity.

**1.** Have cash. Cash is opportunity personified. When the market heads south buy more of the strong stocks and funds in your portfolio.

**2.** Evaluate. You can't put No. 1 into effect unless you know your holdings are top notch. Reassess both mutual funds and stocks. If you have laggards, don't throw good money after bad. Any mutual funds that have not been in the top 25 per cent (called the first quartile) of their category over five years are likely not worth owning. Your adviser or a site such as morningstar.ca can provide this information.

**3.** Diversify. A market correction is a great time to spread your investment dollars into different regions, such as the U.S., Europe or Asia.

The coming market storm may veer off course, but it doesn't hurt to be prepared.

## China censors TV shows on streaming sites

**A computer in Beijing shows a Chinese streaming website with a description of The Big Bang Theory, but the site no longer has access to episodes. Chinese authorities have ordered video streaming websites in the country to stop showing four popular American TV shows, representatives from two sites said Sunday. A spokeswoman for Youku, one of the sites, said it had received notification on Saturday not to show the sitcom The Big Bang Theory, political and legal drama The Good Wife, crime drama NCIS and legal drama The Practice. The State Administration of Press, Publication, Radio, Film and Television didn't give a reason for its order, said the spokeswoman, who couldn't be named because of company policy.** NG HAN GUAN/THE ASSOCIATED PRESS

**50 shades of strange**

## Subservient Chicken lets you have it your way

Burger King is bringing back one of its strangest advertising creations if you don't count its creepy King — the Subservient Chicken.

The campaign, which was considered groundbreaking when it ran in 2004, featured a website where a giant chicken dressed in garters appeared to perform any task visitors commanded. A costumed actor had been prerecorded performing hundreds of acts so it would seem as though the chicken was obeying people's orders.

It was an unexpected take on chain's "Have It Your Way" slogan, all just to promote a new chicken sandwich.

THE ASSOCIATED PRESS

**Underground economy**

## CRA still has no grand plan to fight tax evasion

After a three-year effort, the Canada Revenue Agency has failed to produce a new national strategy to combat the underground economy — despite repeated requests to do so from cash-starved provinces.

The provinces, especially Ontario and British Columbia, have been pressing the agency since late 2010 to update its strategy for extracting taxes from the underground economy, estimated to be worth more than $35 billion annually.

The current guiding document is a decade old, and changes since then — including the advent of cash-register "zapper" technology that conceals sales — have made it increasingly out of date.

THE CANADIAN PRESS

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# DOG FIGHT FROM A BIRD'S-EYE VIEW

URBAN COMPASS

**Paul Sullivan**
vancouver@metronews.ca

There's a dog fight going on at Trout Lake.

The Vancouver Park Board is putting together a draft plan that would corral pooches and their owners in an off-leash fenced-off compound about the size of a soccer field, a downgrade from the 29,000-square-metre trail they currently enjoy.

This is supposedly in response to a Park Board survey that shows the majority of respondents want dogs enclosed in a fenced-off area.

You have to wonder about the Park Board. Do the commissioners lie awake at night looking for ways to stir up trouble? And do any of the commissioners have dogs? They're probably cat people. They sound like cat people. More about cats later.

Anyway, if their intent was to get everybody barking mad, they've succeeded. Now there's a Facebook page and a petition to save the park, and as I write, the off-leash people are about to gather at Trout Lake to protest the proposed plan. They are, uh, doggedly determined to fight for the right to roam.

Cat people are probably wondering, what's the big deal? Leash your pet, go for a walk and shut up. And make sure you pick up the poop. But dog people know that for their pets, heaven is a place without leashes or fences, not to mention an inexhaustible supply of treats.

It's only too bad that a minority of dog owners abuse the privilege. People are afraid of dogs for a reason. As a runner, I'm reluctant to admit, when I've been the target of ferocious barking and snarling, I'd rather face a cat. Most of the time, they're too absorbed in deep inscrutable cat matters to bother me.

Whenever there's a debate between safety and sentiment, safety usually wins. We live in a well-regulated society where safety and sanity prevail. Some prefer another "s" word: Stifling.

Still, considering the number of dogs in Vancouver — somewhere from 100,000 to 145,000, according to the city — you'll notice the vast majority are good dogs, as in "that's a good dog."

And if you want to talk safety, let's look at from a bird's perspective for a moment. Did you know that according to the Journal of Avian Conservation and Ecology, house cats kill up to 350 million birds a year in Canada? That's seven per cent of the total bird population! The journal estimates that most of the birds are killed by stray cats, which is as radically off-leash as you can get.

I don't want to pit dog vs. cat people, but I do want to put this debate in perspective. What's the Park Board doing to protect songbirds from all those nasty kitties?

I feel a Facebook page, a petition and a protest coming on.

**The three esses**

**We live in a well-regulated society where safety and sanity prevail. Some prefer another "s" word: Stifling.**

ZOOM

# In the deep end

An artist has created a brilliant 3D illusion of a swimming pool that makes for a deeper meaning. The piece seeks to address the impact of Japan's tsunami and the Fukushima nuclear plant disaster of 2011. COURTESY JEROEN BISSCHEROUX

## Artist stuns with 3D optical illusion of swimming pool

Dutch artist Jeroen Bisscheroux has created the illusion of an empty swimming pool, spread across the ground inside a shopping centre in Osaka, Japan.

From a distance, Bisscheroux's artwork — POOL, loss of colour — looks like a two-dimensional painting of a pool. But while standing inside the work the pool's walls appear to drop away, giving the impression that you are floating in mid-air above it. METRO

## Installation represents impact of Japan's nuclear disaster

Located in the Grand Front Osaka shopping mall, the work is a perfect spot for a photo-op.

However, there is a more sombre message, as the art serves to highlight the Fukushima nuclear disaster of 2011. The empty, discoloured swimming pool "brings the impact of the disaster back to human proportions," says the artist. METRO

**Metaphors**

- Bisscheroux describes the artwork as a carpet: "A place where we welcome guests." This cosy metaphor aims to encourage play and exploration of the empty space.
- The artist left an area to represent the crisis zone "grey and dark." Bisscheroux adds that it's a symbol of the "disastrous consequences" at Sendai.

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*In this issue, you can find AR enhancements on page 10 in Scene and page 18 in Sports*

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metro AR

**MetroTube**

## Emojis you wish you had use for

ANDREW FIFIELD
metronews.ca

**Do you love emojis? Of course you do! Do you hate emojis? We prefer to think you just don't love them yet.**

**Either way, author and illustrator Avery Monsen has you covered with the introduction of 100 high-concept emojis that, sadly, our lives are too dull and tedious to require. But it would sure be nice if we could add them to our keyboards, even if it's strictly for aspiration's sake. (Tap the screen to freeze it.)**
**Via @averymonsen on Vine.**

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SCENE 2

Ebooks

## A Window on Eternity

**By.** E. O. Wilson

iPad/iPhone

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Amongst grandfatherly storytellers, Wilson is superb. The esteemed biologist captures the grand story of Mozambique's National Park, a place tied to humanity's origins and now recovering from Civil War destruction, before whispering details of its smallest species with a twinkle in his eye.

Box office

## Captain America toppled by The Other Woman

After holding the top position at the box office for three weeks, femme-fuelled The Other Woman has beaten superhero blockbuster Captain America: The Winter Soldier for the No. 1 spot in its opening weekend. The revenge comedy grossed $24.7 million US, while Captain America grossed $16 million. THE ASSOCIATED PRESS

# A good spy always brings the cupcakes

**The Americans.** Costa Ronin explains the finer points of espionage

LISA WEIDENFELD
Metro World News

See that symbol? It means you can scan the photograph below with your Metro News app to see more images from this season of The Americans

Costa Ronin as Oleg Burov in a scene from The Americans. FX CANADA

The Americans is a show that thrives on never quite revealing exactly what motivates its various spies and government agents. Who can be trusted, and who has a hidden agenda?

While Noah Emmerich's Stan Beeman navigates the intricacies of the FBI, his counterparts in the Russian Rezidentura have found a new face in their midst: Oleg Burov, played by Costa Ronin. Oleg received one of the show's finer introductions, missing an important summons from Rezidentura head Arkady Ivanovich (Lev Gorn) because he was listening to American music too loudly on his headphones. While Arkady was quick to write him off as a rich man's son using his connections to get ahead, Oleg has proven resourceful.

Oleg comes off as pretty confident about his spycraft, but as Ronin warns us, "that's his persona."

It's also the case with every character on the show, says Ronin. "Everybody's so good at hiding what they think and hiding what they feel because a small display of weakness can lead to somebody dying."

Oleg's apparent bravado may be more for protection than anything else, even among the KGB agents. "He cannot let them see how smart he is, he cannot let them see how savvy he is, he cannot show them all the cards that he's got."

Don't always assume that stony-faced people in suits would make good agents, though. Ronin says good spies are "the friendliest people you will ever meet, the people who will bring cupcakes to your Sunday brunch, who will pick up your kids from school ... To be the best, you cannot be thought of (as) being a spy."

Though Ronin was initially only signed on for two episodes, the producers decided to keep him on for more of the hit spy drama's second season. As the season has progressed, Oleg has begun a careful dance with Beeman, initiated after a slow-paced but intense car chase, of which Ronin says, "They did have to tell me to slow down a few times." He begins blackmailing Beeman over his involvement with the poker-faced Rezidentura employee Nina (Annet Mahendru), whom Oleg also begins seeing. It's all a careful balancing act. Will it all come crashing down on him?

"The show's about people and how they struggle with what they have to do," says Ronin. What, exactly, will Oleg have to do? Keep watching The Americans to see whether he's just clever enough to stay ahead of the other spies.

Tune in

The Americans airs Wednesday nights at 10 p.m. ET on FX Canada.

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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

**Pop goes the week**

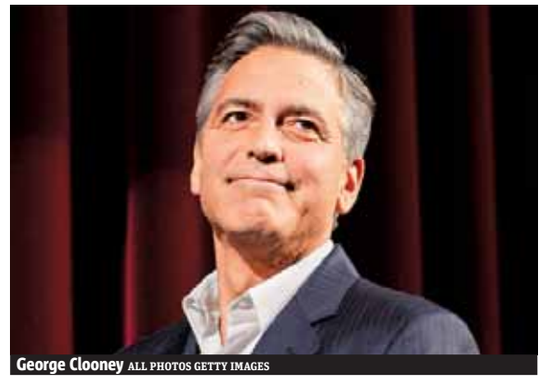
## *Some folks will do anything to avoid a wedding*

STARGAZING
Malene Arpe
scene@metronews.ca

**Demi Moore will reportedly travel to a yoga retreat in India in order to avoid being near any news outlets when Ashton Kutcher and Mila Kunis marry.** To each her own. I would personally rather serve as ring bearer at every one of my exes' weddings than ever have to listen to someone talk about yoga.

**Dean McDermott says he cheated on Tori Spelling because having sex with her wasn't "fantastic."** Fun fact: Nothing is fantastic while having to look at Dean McDermott, which is why I don't watch Chopped Canada.

**Gwen Stefani replaces Christina Aguilera on The Voice.** The stressed-out lighting crew is scrambling to figure out how to light a fake blonde with bright lipstick and loud clothes.



George Clooney ALL PHOTOS GETTY IMAGES

## Why is George's latest squeeze wearing a giant rock?

George Clooney is ending his streak as Hollywood's most marriage-averse bachelor, as the Ocean's 11 star has reportedly asked girlfriend Amal Alamuddin to marry him, according to People magazine. "George and Amal are trying to keep things very low-key but they also aren't really trying to hide this, it doesn't seem," a source says. "I think it's like they want the people they love to know that this is real, that they plan on being together forever." While it's unclear exactly when Clooney popped the question, Alamuddin was first spotted donning an impressive diamond engagement ring at a dinner with Cindy Crawford and Rande Gerber in Malibu Thursday evening. Clooney and British human rights attorney Alamuddin were first rumoured to be dating in October when they were spotted together in London.

## Rap sheet keeps Biebs at LA airport

Justin Bieber's return to the U.S. after a visit to Japan was delayed a bit when he was detained by immigration authorities for four hours at LAX late last week, according to E! News. It's unclear why the authorities were so interested in him, but chances are it has something to do with his current rap sheet, with charges including a DUI.

Justin Bieber

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Station Upgrades

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Starting March 30, 2014 all regular four-car trains on the Expo and Millennium Lines will operate normally, but will not stop at **Main Street–Science World Station.**

Look for the two-car Train2Main. This service will run every 10-12 minutes and is only available from: **Waterfront, Burrard, Granville, Stadium–Chinatown,** and **Commercial–Broadway Stations.**

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# SUMMER FESTIVALS

As if Vancouverites needed more reasons to brag about their city. These festivals make summer in Vancouver into one long, multicultural party for all ages.

The Dragon Boat Festival is scheduled for June 20-22.

MICHELLE YEUNG PHOTO

## DRAGON BOAT FESTIVAL

Colourful dragon boats race across False Creek all weekend, but that's not the only exciting event at this eclectic festival. Music, dance, circus performances and table tennis competitions are just a tip of the iceberg.

**WHEN:** June 20-22
**WHERE:** False Creek in the area surrounding Science World
**ADMISSION:** Free

## HATS OFF DAY

Every year the close-knit North Burnaby community closes off one of the area's busiest streets for a parade and street party with local vendors, families and performers out in full force. This year's theme, The Totally Awesome '80s, celebrates the festival's 30th anniversary.

**WHEN:** June 7, 9 a.m. to 4 p.m.
**WHERE:** Hastings Street between Boundary Road and Gamma Avenue
**ADMISSION:** Free

## GREEK DAY

Highlights include Greek dance lessons, cooking demonstrations, and the Hellenic Experience Tent. And what would Greek Day be without vendors of fresh, authentic Greek food? Opa!

**WHEN:** June 22, 11 a.m. to 9 p.m.
**WHERE:** West Broadway Avenue between Blenheim and MacDonald
**ADMISSION:** Free

## VANCOUVER INTERNATIONAL JAZZ FESTIVAL

Discover your favourite kind of jazz played by local and international artists. Some performances are outdoors and free to the public — the perfect way to cool down this summer.

**WHEN:** June 20 to July 1
**WHERE:** Various venues
**ADMISSION:** Free and paid concerts

## POWELL STREET FESTIVAL

Vancouver's longest-running festival (2014 marks 38 years) celebrates the city's vibrant, established Japanese community with food, crafts, taiko drumming, martial arts and much more.

**WHEN:** Aug. 1-3
**WHERE:** Oppenheimer Park and other venues, Vancouver
**ADMISSION:** Free

*– Stephanie Orford*

IT'S TIME TO PADDLE AT THE DRAGON ZONE PADDLING CLUB
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DRAGON BOAT
www.dragonboatbc.ca

# TIME TO EXPLORE THE OUTDOORS

There is nothing quite like a summer in Vancouver. Here are some of the best excuses to get outdoors.

## PLAY ON! VANCOUVER

Hockey lovers unite. This weekend-long street hockey extravaganza brings all genders, skill levels and ages together.

**WHEN:** June 7-8
**WHERE:** Coquitlam Centre, Coquitlam
**TICKETS:** Register your team for $200 to $750.

## CAR-FREE DAY MAIN STREET

One of several car-free events in the city this summer, Car-Free Day Main Street opens up the public space along 21 glorious blocks of Main Street in Vancouver, inviting everyone and their dog to mingle, shop, eat, watch and listen.

**WHEN:** June 15
**WHERE:** Main Street between Broadway and 29th Avenue, Vancouver
**ADMISSION:** Free

## CANADA DAY

Canadian pride doesn't come out all that often, but July 1 may be an exception. Don your red and white, watch the parade, get your face painted, take in a show or two, applaud the citizenship ceremony and end the night with a bang at the Canada Day fireworks in Burrard Inlet.

**WHEN:** July 1
**WHERE:** Various venues around Canada Place
**ADMISSION:** Free

Visit Car-Free Day Main Street June 15.

ALEX BOSWELL PHOTO

## THE PACIFIC NATIONAL EXHIBITION (PNE)

So much to do and so little time. Meet the farm animals. Watch dog, horse or pig shows. See a concert — or five. Play the carnival games. Go on rides at Playland. There are days worth of activities to take in.

**WHEN:** Aug. 16 to Sept. 1
**WHERE:** 2901 East Hastings St., Vancouver
**TICKETS:** Various prices

*– Stephanie Orford*

# YMCA HELPS KIDS REACH THEIR POTENTIAL

There is nothing quite like summer camp. It's a special place where kids get to play freely and take a break from the busy school routine. Overnight camps foster teamwork and independence while day camps introduce kids to new activities and skills. Try any YMCA camp and you will see it has been carefully designed to provide children and youth with a unique experience that helps them reach their potential.

With screen time and inactivity on the rise, only seven per cent of kids ages five to 11 are meeting the Canadian physical activity guidelines for children and youth. Camp is the perfect opportunity to retreat from televisions, computers and cellphones this summer.

At YMCA Camp Elphinstone, kids can enjoy canoeing, sailing, archery, high ropes, hiking, drama, camp fires, outdoor education much more.

"Time spent being physically active and social is tremendously important to a child's development," says Vinh Truong, general manager of healthy child development at the YMCA of Greater Vancouver.

"We're helping kids to be healthy and engaged while having fun and learning leadership skills and making friends for life."

The YMCA has day and overnight camps in Vancouver, Burnaby, Coquitlam, Richmond, Surrey, White Rock, Langley, Chilliwack and Gibsons for ages five to 17. For more information about YMCA camps, call 604-939-9622 or visit vanymca.org.

YMCA PHOTO

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# TRY A UNIQUE OUTDOOR CAMPING EXPERIENCE

Each summer, more than 1,000 kids take advantage of an opportunity to attend one of Canada's best wilderness camp sites: Camp Potlatch. Camp Potlatch offers a unique outdoor camping experience, characterized by 133 acres of densely vegetated forest, and 1.5 kilometres of beautiful waterfront.

Camp Potlatch has been creating memories and fulfilling dreams for kids between the ages of seven and 17 for almost 70 years.

The camp is located on oceanfront property in coastal rainforest. Although it feels remote, and is accessible only by boat, program protocols and risk-management practices ensure a safe experience for all campers. The camp's natural environment, paired with a commitment to provide children with safe opportunities to grow, ensures that they return home with increased confidence, self-esteem, and an understanding of the importance of community.

Campers participate in activities such as kayaking, canoeing, archery, rock climbing, hiking, backpacking, swimming, games, crafts, and campfires, all with a focus on leadership development and environmental education.

Planning is underway for the 2014 camp season. Camp Potlatch hires well-qualified and dedicated staff, and provides an extensive pre-camp staff training component.

For more information, or to register, visit bgcbc.ca, or call 604-324-2267.

Reaching our potential starts here
Summer is a time for kids to have fun! It's also a chance to learn and grow. From overnight camps that help foster independence and teamwork to fun day camps that get kids outside, the YMCA has something for everyone. Each camp is designed to help kids reach their full potential! We have camps in Vancouver, Burnaby, Coquitlam, Richmond, Surrey, White Rock, Langley, Chilliwack and Gibsons for ages 5-17.
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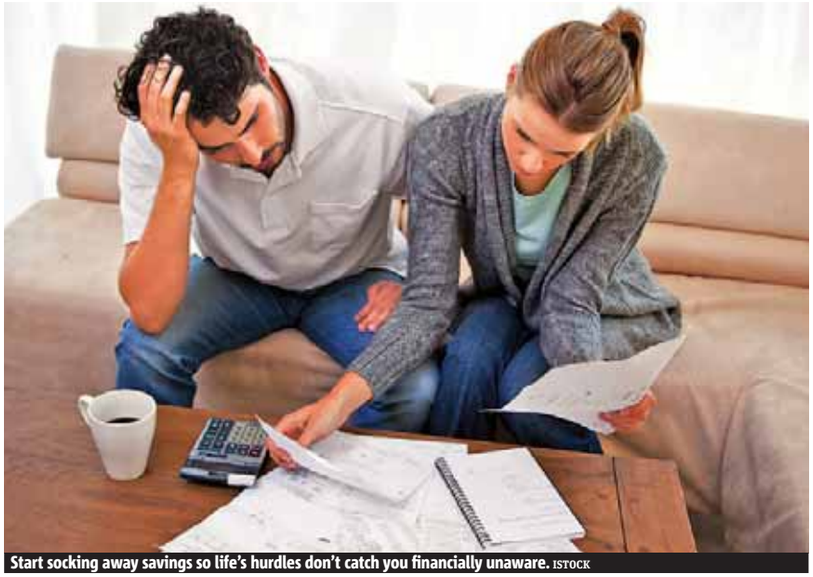
Camp

LIFE 3

# Five ways we find ourselves buried in a mountain of debt

**No money, mo' problems.** Prepare for the worst to avoid going into the red

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com



Start socking away savings so life's hurdles don't catch you financially unaware. ISTOCK

Often when people meet me out and about, they want to talk about the show. At some point in our conversation they say something like, "How'd they get themselves in such a mess?" These are the people who can't conceive of spending more than they make or having all that debt. Here are five ways it happens:

### 1. No Money Management Skills

Unfortunately, a lot of people were never taught the skills of money management. Each day people fly by the seat of their pants, hoping that things will turn out OK. Some days they do. Many days they don't, and they end up running around firefighting to stay afloat.

If you don't know how much money you make, how will you know how much money you can spend? If you charge whatever you're buying on your credit card, but you don't know how much you have to spend, how will you pay off that credit card when the bill comes in?

A lack of money management skills is, perhaps, the biggest predictor of financial failure. All the credit counselling, all the bankruptcies, all the income in the world isn't going to save your butt if you don't take the time to figure out how to use what you've got to your advantage. There are rules to follow, work to put in, and self-control to be applied.

### 2. Underemployment

Some people are just born lazy, y'know. I've worked with more than one person who thinks that earning $14 an hour for 37.5 hours a week is just fine.

Bringing home $400 a week is fine, if you're prepared to live on $400 a week. But most people aren't. They want to drive cars, they want to take vacations, they want to have cellphones and premium cable and everything else their pals have. Sometimes when I tell these people to go make more money, they complain that it'll take away from their Mommy or Daddy jobs. Yet many of those same people spend hours a day doing stuff that doesn't involve their kids. THOSE are the hours you should be spending making more money.

### 3. Income Goes Down, Spending Doesn't

People get laid off from work. People get sick. People stay home to raise their children. Their incomes go down, sometimes *waaay* down, but their spending doesn't change. They use their credit cards, lines of credit and overdraft protection to fill the gap and then say they are surprised to find they are buried in debt. Then they get a consolidation loan or wrap the consumer debt up in their mortgages and go out and do it all over again. Of course, these same people could have built themselves a buffer against changes in their financial circumstance, except for Reason No. 4.

### 4. No Savings

We seem to have developed an aversion to saving. We use the excuse that we can't get much return on our money right now, so what's the point. Ha! Talk about *justification*. Wow. We've watched the savings rate plummet over the past three decades, hitting the negatives. How can that ever be a good thing?

Of course, if we were willing to live on a little less now so that we'd have a cushion set aside in case we lost our jobs, we wouldn't be pushed into Debt Hell quite so quickly. And if, knowing we were going to take time away from work to raise kids or go back to school, we set aside some money to see us through our future plans, we wouldn't dig ourselves a tunnel to Debt Hell.

### 5. Getting Sick

Some people believe they will never get sick. It's why people don't bother to get critical illness insurance, disability insurance, or life insurance. In my mid-40s, my best friend died. She was also in her 40s. But before she died, she had years of dealing with MS and then with breast cancer and finally brain cancer.

If she hadn't had disability insurance, she would have been totally screwed. As it was, every month was a challenge financially. And believe me, she didn't need any more aggravation.

Of course, you may not be the one to get sick. It may be your partner, at which point you better have some money to help pay for the things he or she used to. Or it may be a child or an elderly relative that causes you to lose time off work.

There are life events that can contribute to pushing us into debt, but if we had been managing our money all along — saving some, covering our risks with insurance, being responsible with our money — those life events could have been a lot less painful.

**WANT TO BE SMARTER ABOUT YOUR MONEY? GO TO MYMONEYMYCHOICES.COM AND FOLLOW THE ROADMAP TO SUCCESS.**

Did you know 72% of pain sufferers regularly have trouble sleeping?*

*Source: Data on file. Johnson & Johnson Inc. Analgesics Equity/U&A Research, 2010

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SHOPPERS DRUG MART

# Wake-up call gets Arianna Huffington to redefine success as a good night's sleep

**Thrive.** In her new book, The Huffington Post's editor-in-chief urges others to look beyond the pursuit of money and power

Arianna Huffington, co-founder and editor-in-chief of The Huffington Post Media Group, poses in Toronto while promoting her new book Thrive. DARREN CALABRESE/THE CANADIAN PRESS

It took a collapse in her home office resulting from exhaustion and sleep deprivation for Arianna Huffington to truly wake up.

As she worked relentlessly to build her rapidly expanding media company, that fall on a spring morning in 2007 left Huffington with a broken cheekbone, an eye injury and a renewed resolve to re-examine her life.

Yet long before the incident, Huffington acknowledged there were other key moments that should have put her "sleep-deprived, burnt-out-fuelled existence into perspective." The loss of her first child that was stillborn. A breast cancer scare. Her divorce.

In her new book Thrive (Harmony Books), Huffington proposes what she describes as a "Third Metric" to define success — one that extends beyond the pursuit of money and power.

The co-founder and editor-in-chief of The Huffington Post Media Group includes the following as pillars of the Third Metric: self-care, well-being, wisdom, wonder, and giving.

Huffington dedicated Thrive to her late mother, Elli, whom she saw as a true embodiment of the Third Metric, reinforced with anecdotes of the spirited matriarch woven throughout the book.

"My mother was somebody who always lived life with an open heart, making connections with people, not multitasking, all of the things that dominate our lives now were things that she realized were not going to lead to a life of meaning and purpose," Huffington said in an interview in Toronto.

"She truly believed — she taught my sister and me — in not missing the moment, and that happiness is really about being 100 per cent present in the moment of what we are doing.

"Unfortunately, our minds often want to take us in the past, judging what we've done. Often, this voice that we all have in our heads that I call the obnoxious roommate ... that puts us down, judges us constantly, questions our dreams, or our mind, wants to take us in the future worrying, being anxious about what's going to happen."

In addition to touting the benefits of meditation, the self-described "sleep evangelist" recognized the importance of getting sufficient shut-eye after her collapse and started to read about the scientific value of sleep.

"It's really a miracle drug. It affects our health and well-being, our mental clarity, our capacity for joy," said Huffington, who over time has gone from getting four to five hours of sleep a night to between seven and eight.

At the end of each section of Thrive she offers tips on small steps readers can take immediately to start charting a course to wellness. Among them: aiming to get 30 more minutes of sleep a night. She has also established her own wind-down routine which encompasses turning off all her devices (including an iPhone and four BlackBerrys) and placing them outside of the bedroom.

"We have to recognize that we are addicted to our smartphones and the impact that that has on being able to connect deeply with the people we love. I think we need to make checking our smartphones during dinner as socially unacceptable as picking your nose or scratching your private parts," Huffington said.

Despite finding personal success in making changes, Huffington realized there are others who may find the prospect of following suit difficult — especially those faced with significant demands on the job and elsewhere. But if anything, she sees the steps she outlines as even more critical for those whose lives are particularly challenging.

"There are a lot of things in the outside world that we cannot control. We cannot control having a boss, say, that expects us to be on all the time. And let's say that we have to stay in that job. ... There's a lot we can do to deal with our own attitudes to our job and what we're doing when we're not on the job," she said.

"When our own inner world changes, we're more likely to change our outer world." THE CANADIAN PRESS

**Digital detox**

**"It was wonderful to have a meal without Instagramming it, to watch a sunset without Instagramming it, and to have conversations with my children when they would say something funny I wouldn't feel the temptation to tweet it."**

**Arianna Huffington,** describing her most recent Christmas vacation spent with her ex-husband and daughters.

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**Learning from the taste of defeat**

**"I know now that it is very, very important to listen to your instincts and listen to your gut."**

**Kaila Klassen,** who was ousted from the reality show after making a minor error.

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# When life gives you lemons, make some artisanal lemonade

**Loss leaders.** While Kaila and Tammara didn't win MasterChef Canada, the sour news isn't stopping them from making some sweet career moves

Tammara Behl cuts meat during an episode of MasterChef Canada. After getting cut from the show, she launched a catering company. MARK O'NEILL/BELL MEDIA

**Finale airs tonight**

**Eric Chong, a chemical engineer from Oakville, Ont., and Marida Mohammed, a stay-at-home mom from Toronto, will battle it out to win $100,000 in the MasterChef Canada finale, airing tonight on CTV.**

The latest two home cooks ousted from the penultimate episode of MasterChef Canada have both been inspired to make a foray into the professional food world.

Third-place finisher Kaila Klassen of West Kelowna, B.C., who was dismissed from the MasterChef Canada kitchen after making a minor error in the pressure test, is in the process of opening her own restaurant in Kelowna called Krafty Kitchen and Bar.

Tammara Behl, who came fourth, has just launched a Calgary catering company and says she will also make guest appearances on CTV Morning. She's given up her teaching position with the Calgary Board of Education.

Behl was eliminated during a mystery box challenge that featured Italian ingredients chosen by guest judge Joe Bastianich of MasterChef.

Both women said Tuesday that being one of the 16 home cooks on MasterChef Canada meant sacrifices: Behl left her husband and two young children while Klassen relinquished her real estate career during the six weeks spent in Toronto taping the show. But the experience was ultimately rewarding.

"I learned that you really have to learn from people even though they might be less experienced than you or less informed," said Behl. "Everybody has something to teach you and really be nice to your neighbour."

Klassen added: "I know now that it is very, very important to listen to your instincts and listen to your gut and, as Tammara says, be kind, be genuine, be honest and to listen to the judges. Always listen to the judges. They're always right."

Chefs Michael Bonacini, Alvin Leung and Claudio Aprile, who judged the contestants in Season 1 of MasterChef Canada, will be staying on to helm Season 2, CTV has announced.

Being on MasterChef Canada was like living in a pressure cooker, the two acknowledged, but their love of all things culinary kept them going.

"When we weren't filming, we were thinking about food," said Klassen. "We were thinking about MasterChef, and so it was a very stressful situation, but I think with us all having a commonality with a love for food it was great because we could get away at the end of the night and just talk about food and not have to talk about the show, and just enjoy. It was fantastic. Everyone was amazing." THE CANADIAN PRESS

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# Get a little nutty with a pistachio crust for your pork tenderloin

**Lean and delicious.**
Despite its piggy reputation, pork can be leaner than a chicken breast — and it's tasty, too

**ROSE REISMAN**
For more, visit rosereisman.com or follow her on twitter @rosereisman

"Pork: The Other White Meat" is a slogan used since 1987 to help pork compete with poultry, and it's worked! Ounce for ounce, pork tenderloin has less fat and fewer calories than a chicken breast, and the image that pork was only a fatty meat has been overcome. It is considered an extra lean meat according to government guidelines.

Pork is a good source of iron, zinc, selenium and phosphorus and has been known to fight against Type 2 diabetes, helping to maintain optimal sugar levels. Today, due to better health procedures, you can now eat your pork medium rather than well done.

The old practice was to cook until 160 F, which dried out this lean meat. It is now recommended to cook your pork to just 145 F for a moist and delicious medium-cooked meat.

This flavourful nut crust goes so well with this tender meat. You don't need to salt your pork since the cheese and mustard contain sodium.

When you cook the meat to medium, you won't need a sauce since the meat is so tender and tasty. Feel free to substitute any nuts of your choice. This topping also goes well over chicken or fish. Don't worry if the crumbs don't all stick; just serve them alongside the medallions.

**Ingredients**

**Serves 4**
- 1 lb pork tenderloin
- 1 Tbsp. Dijon mustard
- ½ cup finely chopped shelled pistachios
- 3 Tbsp. grated Parmesan cheese
- 2 tsp olive oil
- ½ tsp minced garlic

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The pistachio-nut crust on this pork tenderloin also goes well over chicken or fish. ROSE REISMAN

## Directions

**1.** Preheat over to 400°F. Sear tenderloin in skillet sprayed with vegetable oil, just until browned on all sides, about 3-4 minutes.

**2.** Place on a baking sheet. Rub mustard all over tenderloin.

**3.** In a small bowl, combine pistachios, cheese, olive oil and garlic. Pat onto all sides of tenderloin.

**4.** Bake until temperature reaches 140°F (medium) or approximately 15-20 minutes.

**5.** Let rest for 10 minutes, then slice into medallions.

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# Blackhawks clear case of the Blues

**NHL playoffs.** Chicago wins first-round playoff series in six games, will face either Minnesota or Colorado next

The Blackhawks celebrate Duncan Keith's third-period goal against goalie Ryan Miller and the Blues during Game 6 of their first-round playoff series in Chicago on Sunday. JONATHAN DANIEL/GETTY IMAGES

First, it was Jonathan Toews on a power play, and then Patrick Sharp got loose on a breakaway. Andrew Shaw tipped one home, and it was all over.

One dazzling stretch for the Chicago Blackhawks put an end to their tight first-round series against the St. Louis Blues.

Duncan Keith had a goal and three assists, and the Blackhawks used a four-goal third period to finish off the Blues with a 5-1 victory in Game 6 on Sunday.

"It feels good to contribute in a big game," Keith said, "and I think just the main thing for me is just being able to move on and get a couple days to relax and just regroup and focus on the next round."

Chicago won four in a row after a slow start in St. Louis. The defending Stanley Cup champions will play the winner of the Minnesota-Colorado series in the Western Conference semifinals. The Avalanche lead the Wild 3-2 heading into Game 6 in Minnesota on Monday night.

Toews, Sharp and Shaw scored in the first 7 1/2 minutes of the third and Keith closed out the scoring as the Blackhawks improved to 14-2 in home playoff games over the past two seasons.

Bryan Bickell scored in the first and Corey Crawford made 35 saves, keeping Chicago in a tie game when St. Louis controlled the second period.

"They were dominating the first 40 minutes here and we came back with maybe the best period of the year," coach Joel Quenneville said.

T.J. Oshie scored for the Blues, who outshot the Blackhawks 36-27. Ryan Miller finished with 22 saves.

THE ASSOCIATED PRESS

**Rangers up 3-2 on Flyers**

**Brad Richards and Dominic Moore scored second-period goals, and Henrik Lundqvist made 24 saves as the New York Rangers pushed the Philadelphia Flyers to the brink of elimination with a 4-2 victory in Game 5 on Sunday.**

- New York leads the series 3-2 and Game 6 is Tuesday in Philadelphia.

**Ducks done shooting Stars**

**Nick Bonino scored 2:47 into overtime, after getting one of Anaheim's two goals late in regulation, and the Ducks beat the Dallas Stars 5-4 in Game 6 on Sunday night to clinch their first-round series.**

- The Ducks scored twice in the final 2:10 of regulation to force overtime for the first time in the series.

NBA playoffs

## Raptors grind out split in Brooklyn

DeMar DeRozan scored 24 points as the beaten-up Toronto Raptors tied their playoff series with the Brooklyn Nets with a 87-79 victory Sunday.

The victory was the Raptors' first playoff win on the road since a win over Philadelphia way back in 2001.

A hobbling Kyle Lowry added 22 points, while Amir Johnson finished with 17. Patrick Patterson and Greivis Vasquez finished with nine points apiece, and Patterson grabbed a team-high nine rebounds.

The best-of-seven Eastern Conference playoff series heads to Toronto tied at two wins apiece. Game 5 is Wednesday at the Air Canada Centre.

THE ASSOCIATED PRESS

NBA playoffs

## Wizards OK without Nene

Even with the team's "X-factor" suspended, the Washington Wizards had a No. 42 sitting next to the bench. The 57-year-old with greying hair couldn't box out or grab a rebound, but owner Ted Leonsis waved his red towel and egged on a cheering crowd that chanted "Free Nene!"

The Wizards did just fine without the suspended Brazilian forward, and beat the Chicago Bulls 98-89 on Sunday to take a 3-1 lead in the Eastern Conference series.

Nene was suspended for the game after grabbing Jimmy Butler's head during a face-to-face confrontation in the Wizards' Game 3 loss. THE ASSOCIATED PRESS

The Whitecaps' Darren Mattocks, left, and Real Salt Lake's Nat Borchers vie for the ball in Sandy, Utah, on Saturday. KRISTIN MURPHY/DESERET NEWS/THE ASSOCIATED PRESS

# Whitecaps battle back to earn draw

For a second consecutive game, the Vancouver Whitecaps somehow escaped the clutch of defeat against a prominent Western Conference opponent.

The Whitecaps got off to yet another meandering start, this time falling behind Real Salt Lake by two goals less than 10 minutes into Saturday's match, before quickly striking for two goals of their own with time fading in the second half to earn a 2-2 draw and a single point on the road.

Uruguayan midfielder Nicolas Mezquida and Sebastian Fernandez each scored their first career Major League Soccer goals for Vancouver.

Fernandez tied the game late in stoppage time with a perfect right-footed boot from long range.

"It is a get-out-of-jail card because … we dug ourselves a hole," said head coach Carl Robinson.

It appeared early this one might get out of hand, a blowout win for Real Salt Lake. Defending was again an area of concern for Vancouver.

**On Saturday**

| Whitecaps | Real Salt Lake |
|---|---|
| 2 | 2 |

Joao Plata opened the scoring for Real Salt Lake, beating centre back Johnny Leveron — playing in place of Jay DeMerit — with speed and delivering a shot past goalkeeper David Ousted in the second minute.

Alvaro Saborio made it 2-0 for the home side. He wired the ball top corner on Ousted, only after his teammate Ned Grabavoy outmuscled three Vancouver players to free the ball up.

"The first 10 minutes of the first half were pretty bad," said Vancouver right back Steven Beitashour. "I was just happy we didn't give up a third. If they went up three, it would have been too far."

CAM TUCKER/METRO

## Horoscopes

### ♈ Aries
**March 21 - April 20**
Don't worry if your finances have not been too healthy of late because you will find ways to replace what you have lost or spent.

### ♉ Taurus
**April 21 - May 21**
Throw caution to the wind and let the universe decide whether you are going to win or lose. With a solar eclipse coming up in your sign you will almost certainly be a winner.

### ♊ Gemini
**May 22 - June 21**
Mercury, your ruler, may be moving through the most shy and retiring area of your chart but if past experience is anything to go by that will merely encourage you to redouble your efforts to put on a show.

### ♋ Cancer
**June 22 - July 23**
Keep things simple over the next 24 hours and you won't go wrong. You know what it is that you want, you know where it is you can find it and there is nothing anyone can do to deny you.

### ♌ Leo
**July 24 - Aug. 23**
Put yourself forward and show what you can do. Employers and others in positions of power are looking for people who are decisive. And that's you.

### ♍ Virgo
**Aug. 24 - Sept. 23**
You may not be entirely convinced that what you are about to do is going to succeed but you have promised others that you will try. Don't let them down!

### ♎ Libra
**Sept. 24 - Oct. 23**
According to the planets you are carrying too much emotional baggage. Once you have confronted your fears you may realize there was little to worry about in the first place.

### ♏ Scorpio
**Oct. 24 - Nov. 22**
Someone who is aggressive for no good reason is likely to bring out the worst in you today. No doubt they have not experienced a Scorpio's sting before but it's unlikely they will forget it.

### ♐ Sagittarius
**Nov. 23 - Dec. 21**
Because you like to be independent you may not enjoy what takes place over the next 24 hours. You may have to fight for your right to set your own agenda and come and go as you please.

### ♑ Capricorn
**Dec. 22 - Jan. 20**
You are full of energy thanks to the approaching eclipse and it's important that you channel it in constructive directions. Don't waste your time on projects that are not challenging enough.

### ♒ Aquarius
**Jan. 21 - Feb. 19**
The task you are faced with today may seem daunting but if you attack it in the right way there is no doubt at all you will make a success of it.

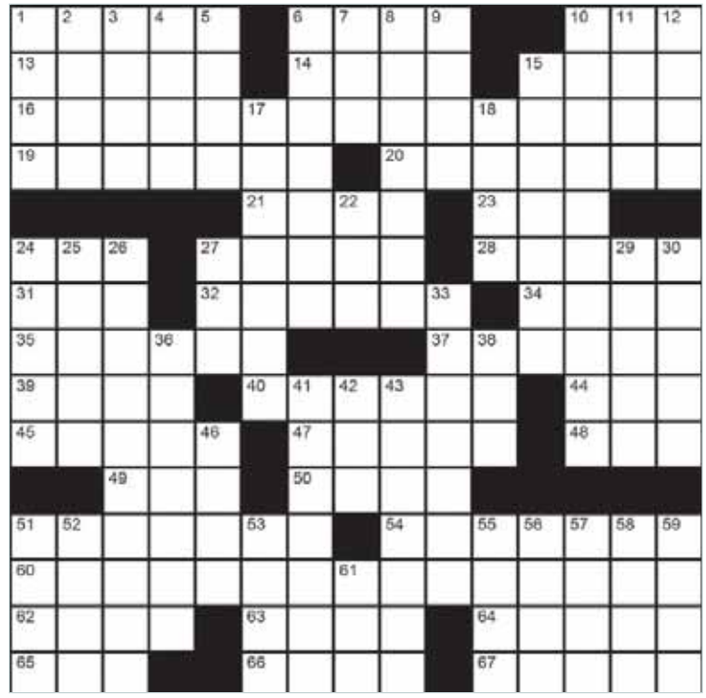
### ♓ Pisces
**Feb. 20 - March 20**
Anyone who thinks you lack the spirit of adventure will have to think again as cosmic activity in the most outgoing area of your chart inspires you to try so many new things.

SALLY BROMPTON

## Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



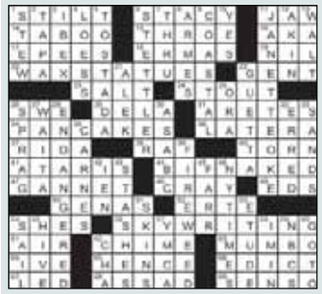
**Across**

1. Jean-Claude Van __
6. British actor Idris
10. Min. bit
13. "Congratulations __ __ order!"
14. Particular primary pigment
15. Glide
16. "No Sugar Tonight/__ __ __" by The Guess Who
19. "Put Your Hand in the Hand" land, 1971 hit for Canadian band Ocean
20. 1987 Steve Martin/Daryl Hannah comedy filmed in Nelson, BC
21. Nero's 1052
23. Flight-leaving info
24. F1's PC neighbour
27. Leading by a point, as 5 to 4: 2 wds.
28. Ms. Winger
31. Gymnast, e.g.
32. Permafrost-y expanse in The Arctic
34. Big cat
35. One trying to locate a missing parcel
37. Gwyneth Paltrow's mother Ms. Danner
39. Apartment bldg. boss, colloquially
40. "Yellow Submarine" (1968) tune: "It's __ __ Much"
44. 'Jacob' suffix
45. Stephen __, Canadian star of "Arrow"
47. Droplet-looking throat part
48. Puget, e.g.
49. The Lion
50. Small
51. "Trailer Park Boys" character
54. Sequester
60. Beetle that is a threat to the type of tree in its name: 3 wds.
62. Manly
63. Ms. Russell
64. Cake topper
65. Couture monogram
66. Beatles title lady
67. Herring-like fishies

**Down**

1. "Shoot!"
2. Scope
3. Whimper
4. "__ on the Beach" by Jane Siberry
5. Organic compound
6. Level of command
7. Cleaning chemical
8. Australia: Great __ Reef
9. Year, fancy-style
10. Catchy interview quotes: 2 wds.
11. Get paid
12. First Nation of Manitoba
15. Distinguished
17. Deep-fried battered vegetables of Japanese cuisine
18. Cut
22. Not-reliant-on, briefly
24. __ _ hole in (Corrodes)
25. Guitarist's move
26. 'Music' provider when wedding rice is thrown: 2 wds.
27. Driver's 4x4, commonly
29. J.R.R. Tolkien: Grassy area in Middle-Earth
30. A means to __ __
33. Eradicate
36. Cause __ (Attention-grabbing controversy)
38. Hawaii's Mauna __
41. Town in southern Saskatchewan
42. Gladiator's 56
43. Northern Africa country
46. Kinks hit
51. "__ __ Baby" by The Ronettes
52. Ms. Thurman's
53. Betty's role on "Hot in Cleveland"
55. Some sashes
56. Ness Monster's place
57. Opera solo
58. Oversee
59. Work units
61. Prince Valiant's son

## Friday's Crossword



## Sudoku

**How to play**
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 8 | | | | | 6 | | 5 |
| | 2 | 3 | 5 | | | | 8 | 9 |
| 6 | | | 9 | 2 | | | 1 | |
| | | | 3 | | 9 | 4 | 7 | |
| | | 8 | | 4 | | 1 | | |
| | 4 | 2 | 7 | | 6 | | | |
| | 3 | | | 7 | 2 | | | 1 |
| 2 | 1 | | | | 3 | 8 | 5 | |
| 8 | | 9 | | | | | 4 | 3 |

## Friday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 2 | 3 | 7 | 4 | 1 | 6 | 5 | 9 | 8 |
| 4 | 6 | 5 | 8 | 3 | 9 | 2 | 1 | 7 |
| 1 | 8 | 9 | 7 | 5 | 2 | 4 | 3 | 6 |
| 7 | 9 | 1 | 6 | 2 | 3 | 8 | 4 | 5 |
| 8 | 2 | 3 | 5 | 9 | 4 | 6 | 7 | 1 |
| 5 | 4 | 6 | 1 | 8 | 7 | 9 | 2 | 3 |
| 3 | 5 | 8 | 9 | 4 | 1 | 7 | 6 | 2 |
| 6 | 1 | 4 | 2 | 7 | 5 | 3 | 8 | 9 |
| 9 | 7 | 2 | 3 | 6 | 8 | 1 | 5 | 4 |

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WISE BUYERS READ THE LEGAL COPY: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. Dealer order or transfer may be required as inventory may vary by dealer. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). ‡Based on Natural Resources Canada city and highway ratings for Ford models, 1995 through 2014. Actual results may vary. ‡‡Offer only available at participating Ford dealers with the purchase of lease of a new 2014 Fiesta, Focus, C-MAX Hybrid, Fusion Hybrid (up to 1,000 litres); Fusion, Mustang, Taurus, Escape (up to 1,500 litres); and Flex, Explorer, Edge, Expedition (up to 2,000 litres) – all diesel models are excluded. $0.95 prime lock ("Prime Lock") amount may only be redeemed for regular grade fuel at participating Esso gas stations and applies when regular grade fuel is priced between $1.15 and $1.50 per litre at the participating Esso gas station where the redemption takes place. Where regular grade fuel is priced above $1.50 per litre, customer will receive a $0.55 per litre discount off of the regular grade fuel price, and where regular grade fuel is priced below $1.15, customer will receive a $0.20 discount off of the regular grade fuel price. See dealer for Extra Grade and Premium Grade fuel discount structure and for full offer details. †Until April 30, 2014, receive 0% APR purchase financing on new 2014 Edge models for up to 48 months, Taurus and Escape models for up to 60 months, and Ford Focus and Fiesta models for up to 72 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: $25,000 purchase financed at 0% APR for 48/60/72 months, monthly payment is $520.83/ $416.66/ $347.22; cost of borrowing is $0 or APR of 0% and total to be repaid is $25,000. Down payment on purchase financing offers may be required based on approved credit from Ford Credit. *Purchase a new 2014 C-Max Hybrid SE/2014 Fusion Hybrid S for $27,999/$29,599 after Manufacturer Rebate of $500/$0 is deducted. Taxes payable on full amount of purchase price after total Manufacturer Rebate has been deducted. Offers include freight and air tax of $1,665 but exclude variable charges of license, fuel tax charge, insurance, dealer PDI (if applicable), registration, PPSA, administration fees and charges, any environmental charges or fees, and all applicable taxes. Taxes payable on full amount of purchase price after Manufacturer Rebate deducted. **Bi-Weekly payments are only available using a customer initiated PC (Internet Banking) or Phone Pay system through the customer's own bank (if offered by that financial institution). The customer is required to sign a monthly payment contract with a first payment date one month from the contract date and to ensure that the total monthly payment occurs by the payment date date. Bi-weekly payments can be made by making payments equivalent to the sum of 12 monthly payments divided by 26 bi-weekly periods every two weeks commencing on the contract date. Dealer may sell for less. Offers vary by model and not all combinations will apply. ***Estimated fuel consumption ratings for 2014 C-Max Hybrid 2.0L I4 continuously variable transmission (4.2L/100km (67MPG) City, 4.9L/100km (58MPG) Hwy) / 2014 Fusion Hybrid 2.0L I4 continuously variable transmission (4.0L/100km (71MPG) City, 4.1L/100km (69MPG) Hwy). Fuel consumption ratings based on Transport Canada approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading, vehicle equipment, vehicle condition, and driving habits. ‡‡Based on total average 2014 city fuel consumption ratings among all regular gasoline mid-size vehicles each model year for 2010, 2011, 2012, 2013, and 2014, per Natural Resources Canada vehicle classifications and fuel consumption ratings published by Natural Resources Canada. 2014 Fusion 2.0L Hybrid eCVT estimated fuel consumption rating of 4.0L/100km city, 4.1L/100km highway, 4.0L/100km combined, using Government of Canada approved test methods. Actual fuel consumption will vary. Some mobile phones and some digital media players may not be fully compatible with SYNC®. Check www.syncmyride.com for a listing of mobile phones, media players, and features supported. Driving while distracted can result in loss of vehicle control, accident and injury. Never use handheld devices while driving. ^Capability varies by model. Some mobile phones and other devices, even with voice commands, not essential to driving when it is safe to do so and in compliance with applicable laws. SYNC is optional on most new Ford vehicles. ©2014 Sirius Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under licence. ©2014 Ford Motor Company of Canada, Limited. All rights reserved.